

Resources for Working with Transgender Kids

Local

TransParents: Support group and closed/secret Facebook group for parents (there's also an adolescent Facebook group). Great group for parents to meet other parents who are learning about issues related to parenting transgender youth: e-mail transparent@sagatucson.org

Southern Arizona Gender Alliance: One of the oldest organizations in the US working with transgender people and their families. Definitely the source for transgender issues and activities in Tucson. www.sagatucson.org

Camp Born This Way (annual camp for transgender youth and their families): Their website also has lots of national resources. www.campbornthisway.org

EON Youth Lounge: The Eon Youth Center is a youth-driven program that works to strengthen Tucson's lesbian, gay, bisexual, transgender, two-spirit, queer, questioning, intersex, and straight-ally youth communities by creating social opportunities, providing information and support on health issues, advocating for youth rights, and challenging society's perceptions of youth as they face institutionalized oppressions that target the many facets of their identities. Eon provides a safe drop-in space for these youth, ages 13-23, and conducts outreach and education throughout the community. 520-628-7223

PFLAG Tucson: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through: Support, to cope with an adverse society; Education, to enlighten an ill-informed public; and Advocacy, to end discrimination and to secure equal civil rights. 520-360-3795

Living Out Loud: Living Out Loud is a full-spectrum health and wellness resource, supporting physical, emotional, spiritual and mental health. Our unique approach for the LGBTQI community looks at the whole person and offers traditional, alternative and complementary care for adults and children ages 6 and older. Services include primary care, mental health care (counseling/therapy as well as psychiatric assessment and medication management), gender confirmation services, and support and community groups. www.livingoutloudaz.org (520) 202-1832.

The ANCHOR Project: (Accessible Network for Coordinated Housing, Opportunities, and Resilience) is designed to provide culturally responsive and affirming services to young adults who identify with the spectrum of LGBTQ&A (lesbian, gay, bisexual, transgender, queer, questioning, and straight ally) communities. As a team of community partners, the ANCHOR Project is equipped to offer supportive services in a variety of areas, including housing stabilization, social opportunities, mental and emotional well-being, community engagement, employment skills, goal achievement, personal empowerment, financial education, recovery support, educational goals, and healthy decision-making. www.anchorprojectarizona.org

National

Trans Youth Family Allies TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected. :

www.imatyfa.org

Gender Spectrum Education and Training: Dedicated to creating supportive and nurturing environments for all children through trainings, information and resources offered to families, schools and organizations:

www.genderspectrum.org

Gender Odyssey Family is an annual conference for families who are working to navigate the day-to-day realities of raising a gender-nonconforming or transgender child. As one of the only opportunities in the country to find valuable resources, information and networking opportunities, Gender Odyssey Family provides real tools to support and encourage your child's gender self-discovery. www.genderodysseyfamily.org

For Educators

Support Services for LGBTQ Youth: From the San Francisco Unified School District. Recommendations for classroom curriculum for teaching on diversity in K-12 Classrooms, including activities, ideas and videos.

<http://www.healthiersf.org/LGBTQ/InTheClassroom/curriculum.html>

Schools In Transition: A guide for supporting transgender students in K-12 schools.

<http://www.nclrights.org/wp-content/uploads/2015/08/Schools-in-Transition-2015.pdf>

Gender Inclusive Schools: From Gender Spectrum, covers a wide variety of topics for schools and educators.

<https://www.genderspectrum.org/resources/education-2/>

GLSEN Ready Set Respect Toolkit: GLSEN developed Ready, Set, Respect! to provide tools to support elementary educators like you with these efforts. The kit provides a set of tools that will help you prepare to teach about respect and includes lesson plans that can help you seize teachable moments. The lessons focus on name-calling, bullying and bias, LGBT-inclusive family diversity and gender roles and diversity and are designed to be used as either standalone lessons or as part of a school-wide anti-bias or bullying prevention program.

<http://www.glsen.org/readysetrepect>